How to Build a Championship Team

Great People, Great Performance

Change and Win

Choosing Greatness

Align Passion and Purpose to Create Powerful Results

Leadership 4 Significance

Get Involved - Volunteer, Educate, Help Other People Everyday

Give Locally; Impact Nationally; Change Globally

Carlette Patterson

- 20+ years of senior leadership in amateur, collegiate and professional sports organizations
- Worked for professional sports teams, coaches and athletes in the US, New Zealand and South Africa
- Currently the official Sports Life Coach of the Arizona State University Women's Basketball team.
- Developed Sports Life Coaching Courses designed to train retired, professional athletes and coaches to become Sports Life Coaches
- Created The Character Code Game, a life skills and character building game for children ages 8-12.

Speaking Topics:

Let the Games begin!
Carlette empowers you to embrace change and win in life!

"Carlette's energy is unparalleled. In fact, she literally lights up the room with her presence. Her years spent in highly competitive athletic training has made her disciplined and direct, she will take you to places you never thought possible. Carlette's sense of humor is endless, her warmth, genuine honesty and character reveal a woman who has been through the process of building and rebuilding a life worth living. She is a woman who has truly found her North Star. I am honored to have worked with Carlette and recommend her as your personal Life Coach to help you find your North Star."

– Dr. Martha Beck, New York Times best selling author, an innovator in life coaching, and a monthly columnist at O: The Oprah Magazine

For more information: www.carlette.com
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